



Who we are and what we do

A guide for organisations and professionals

About Future Pathways

Future Pathways supports people who experienced abuse or neglect in the Scottish care system as children. We work together with people to access person-centred support that will help them to find their own pathways to a positive future. Our aim is to help people lead full, healthy and independent lives. We support people to work towards achieving their goals.



Who can register for support?

To be able to register, any abuse or neglect that someone experienced must have taken place when they were under 18, in Scotland, within a care setting. This includes:

- Living in residential or foster care
- Boarding school (either state, private or independent)
- Having a long term stay in hospital
- Or spending time in a young offender's institution

As long as the person is over 18 now, and the abuse or neglect took place in Scotland before they were 18, they can register. It doesn't matter if:

- the abuse or neglect has been reported to the authorities (such as the police)
- there are current or past criminal or civil proceedings taking place
- they have previously accessed other services
- they are currently receiving benefits
- they don't live in Scotland anymore

Please note, that the term in care does not include:

- Children living with their natural families
- Children living with members of their natural families
- Children living with adoptive families
- Children using sports and leisure clubs or attending faith based organisations on a day to day basis
- Hospitals and similar treatment centres attended on a short term basis
- Nursery and day care
- Short term respite care for vulnerable children
- Schools, whether public or private, which did not have boarding facilities
- Police cells and similar holding centres which were intended to provide care temporarily or for the short term
- 16 and 17 year old children in the armed forces and accommodated by the relevant service.

The above is for guidance only. We are aware that each person's circumstances are different. If you are unsure if a person's circumstances make them eligible, please contact Future Pathways for advice.

What support is available?

Some people might have a clear idea about the type of support they are looking for – or might need a bit of help getting there. Examples of how we can help include:

- Supporting people to access training and educational opportunities
- Facilitating access to existing community supports and services
- Supporting record searches by linking people to organisations
- Connecting people to activities within the local community
- Helping people to access support with mental health such as assessment, counselling or other therapies

The examples above show the range of reasons people might contact us for support but they don't cover every circumstance. Support is built around a person's specific and individual goals. Future Pathways will be there to help and provide guidance.

Registering interest

To begin the registration process, a person can:

Phone us on Freephone 0808 164 2005. Our lines are open 10am to 4pm, Monday to Friday.

Email us at registration@future-pathways.co.uk. When people email to register, they should also include their phone number so we can contact them to complete the registration process.

Visit our website and complete the online registration form. Go to www.future-pathways.co.uk/register

You can also start the registration process on behalf of someone else through our website or via email or phone. However, it is important that we can speak to the person directly to complete the process.

Delivery Partners

Future Pathways commissions a range of services to support people in achieving their goals. We have a network of Delivery Partners and our model enables us to commission support from across Scotland, the UK and beyond. Delivery Partners are professionals or organisations from whom we commission support on behalf of someone accessing Future Pathways.

Our Delivery Partners provide a wide range of support, including record search support, counselling, coaching, support work, educational support, advocacy and creative support. By tailoring support to the individual, everyone can access the support that is right for them.

Working with Delivery Partners

We work with everyone, including Delivery Partners, in a trauma informed way. We focus on developing positive working relationships with our Delivery Partners and aim to ensure that they feel valued, heard and understood. Our unique relational approach to commissioning helps each of us learn, improve and inspire change.

We are open about our approach, expectations and processes so that Delivery Partners feel safe and know that we are a trustworthy partner. It is important to us that Delivery Partners feel able to contribute to Future Pathways, and work alongside us to make choices about how we collaborate, learn and improve. And, by working in a trauma informed way, together we can respond positively and flexibly to the evolving needs of people we support.

If you are an individual practitioner or organisation and would like to explore how we can work together, please do contact us: partner.relationships@future-pathways.co.uk.

Further Information

Future Pathways is one of the services delivered by the In Care Survivors Alliance. The Alliance consists of four partners:

- Glasgow Psychological Trauma Service*
- Health in Mind
- Penumbra Mental Health
- Scottish Government

* Glasgow City Health and Social Care Partnership, NHS Greater Glasgow and Clyde

The Alliance was set up in 2016 as part of the Scottish Government's wider strategy to address the legacy of historic abuse in Scotland. It is fully funded by the Scottish Government.

Find out more about the In Care Survivors Alliance at www.incarealliance.scot

