



FUTURE  
PATHWAYS

# BEING THERE

Supporting people to have their  
needs met

## MINI REPORT



We have a new report.

The report is about people's basic needs. Basic needs mean things like food, shelter and healthcare. The report looks at the barriers people face when they try to access support. It looks at how we support people to have their needs met. We also look at how we can help people when they face these barriers.



Many people we support have basic needs that are not being met.

Many people we support are disabled or have a health condition that affects them in their daily life. Some people we support also face challenges like being homeless or having an addiction. A lot of people live in places where they cannot access services, like health or education.



People we support have different types of health conditions.

Many people have a disability or health condition related to their mental health. Many people have more than one type of health condition. People tell us this affects their everyday life 'often' or 'a lot of the time'. Many people face blocks when accessing other services. For example, it might be hard to use public transport to attend a support group.



Many people we support face difficult things in their lives.

Many people we support experience homelessness, addiction and criminal convictions. Sometimes the challenges people face are connected. A lot of people we support who have been convicted of a crime also have experience of addiction, homelessness and disability or health problems.



People find it hard to access services where they live.

People can find it hard to access some types of services. This includes community support, housing support, in-person counselling and support work. Our staff also tell us that it can be hard for people to access local supports for mental health, housing and social care needs.



Sometimes it can be hard for people to get support from services.

People can find it hard to communicate with services. They can also find it hard if services do not adjust the way they work. Sometimes it is not clear to people what different services do. This can make people feel like they do not have choice and control in the support they access. It can stop them from getting the right support.



It can be hard for some people to connect with Future Pathways or to wait for support.

Some people find it hard to stay in contact with us when they have other things going on in their life. They might have to focus on their basic needs first. This can make it harder for people to focus on their goals. Our waitlist means that sometimes people have to wait for a long time for support.





## Building trust helps people access support.

We want to support other services to learn more about how trauma can affect people. This can help services to support people better. It is important that people are heard and believed and that they can trust services. It is important that services show empathy and build up trust with people. When people trust Future Pathways, they are more likely to access support from other services too.



Find out more

To read the Being There report, or our  
summary report, go to

[www.future-pathways.co.uk/beingthere](http://www.future-pathways.co.uk/beingthere)